



**7** Hand held out and moved downwards in a stopping movement. Used to calm a situation. For example, "Calm it! I was shouting on my dog over there. Boldi, here boy!"



**9** Hands held together, moved up and down. Used to show exasperation or when trying to convince someone to see sense. For example, "Look Frank, it's grab-a-grannie night down at the Pink Flamingo. The bloke in the shop said these 'Latin lover' grey wigs are all the rage. You don't want to miss out on the fun, do you?"



**8** Shaking hands with and/or kissing everyone in the room/piazza when you meet/leave/go to the toilet, as if you haven't seen them/won't see them for 25 years. Not so much a gesture as a ritual. Everyone must be greeted properly (none of the British "see ya" at the end of an evening). At least 30 minutes should be allowed for this ritual. Note – bearded men kissing other bearded men on the cheeks is normal here. Bearded men kissing bearded women is also normal. This ritual must be carried out even if you will see everyone the next morning.



**10** Hands held together, moved up and down, shrug of shoulders. Used to show exasperation or frustration. For example, "How can those traffic wardens expect me to wear a crash helmet when I've just had my hair dyed pink? Some folk just don't understand style."